



Measles Vaccination Clinic Scheduled at Cabarrus Health Alliance

FOR IMMEDIATE RELEASE

Kannapolis, N.C. – Cabarrus Health Alliance, January 20, 2026 – Cabarrus Health Alliance (CHA) will offer a walk-in measles vaccination clinic on Wednesday, January 21, 2026 from 5:00 p.m. - 7:30 p.m. The clinic will be at CHA in Kannapolis located at 300 Mooresville Road. The vaccine is MMR: Measles, Mumps, and Rubella.

Staff will also be available to look up and print records from the North Carolina Immunization Registry (NCIR) for anyone who would like a copy of their record. You do not need to get a vaccine to get a copy of your vaccine record. Vaccines given in other states will not be reported on your NCIR record unless your doctor's office have added them.

CHA is offering this after-hours opportunity after two confirmed measles cases in Cabarrus County residents were announced last week.

"We have received an increase in calls for both vaccine appointments and immunization records," shared Erin Shoe, Public Health Director.

This walk-in clinic will serve as many as vaccine inventory allows. Please bring a photo ID and your insurance card. CHA has state-supplied vaccine for uninsured individuals who have not received any MMR vaccine previously.

Anyone with questions should call Cabarrus Health Alliance at (704) 920-1399.

Exposure Location

People who visited the **Atrium Health Harrisburg Emergency Department**, located at 9592 Rocky River Rd., Charlotte, NC, 28215, between 9:20 p.m. and 3:20 a.m. on Wednesday, January 14, 2026, may have been exposed. Cabarrus Health Alliance staff have contacted many people who were exposed. People who were exposed should monitor themselves for symptoms. Symptoms include high fever, cough, runny nose, red/watery eyes (conjunctivitis), and a rash that starts 3-5 days after other symptoms. If you think you have been exposed during this period, please call Cabarrus Health Alliance at (704) 920-1399 for guidance.

What Is Measles and Why It Matters

Measles (rubeola) is a respiratory illness caused by a virus that spreads easily through coughing, sneezing, or talking. It can also linger in the air or on surfaces for up to two hours where an infected person was present. The disease often begins with symptoms that resemble a cold. Symptoms typically appear 7 to 14 days after exposure and include:

- High Fever (may spike to more than 104 degrees)
- Cough
- Runny nose
- Red, watery eyes (conjunctivitis)
- A rash that is red, raised, blotchy; usually starts on the face, spreads to the trunk, arms and legs 3-5 days after symptoms begin

An individual can spread these infectious particles up to 4 days before they develop a rash or before they even know they are sick. Complications from measles can include pneumonia, brain swelling (encephalitis), permanent hearing loss, and death. Children under 5, pregnant individuals, and those with weakened immune systems are especially vulnerable.

Am I Protected?

You are considered protected against measles if you have:

- Documentation of two doses of a measles-containing vaccine (usually the MMR vaccine)
- Laboratory-confirmed immunity or past measles infection
- Were born before 1957 (likely to have natural immunity)

If you're unsure of your vaccination status, now is the time to check. CHA encourages residents to contact their healthcare providers or reach out to CHA directly for assistance in reviewing records or obtaining vaccinations.

Vaccination Guidelines

- **Children:** First MMR dose at 12–15 months; second dose at 4–6 years
- **Adults:**
 - 1 dose if born in 1957 or later and no prior vaccination
 - 2 doses for high-risk adults (e.g., healthcare workers, international travelers, college students)



If You've Been Exposed

If you believe you have been in contact with someone who has measles:

- **Do not visit a healthcare facility without calling ahead.** This helps avoid spreading the virus to others.
- **Contact your provider or CHA immediately** to assess your immunity and determine next steps.
- **Postexposure prophylaxis (PEP)**—including the MMR vaccine or immunoglobulin—may be recommended within a limited timeframe after exposure.

Individuals without evidence of immunity may be asked to **quarantine for 21 days** after the last known exposure.

When to Seek Help

If symptoms develop, contact your healthcare provider or CHA **before arriving in person**. Testing and isolation protocols are in place to prevent further spread. Confirmed cases require isolation from four days before rash onset through four days after rash onset.

Stay Informed, Stay Protected

Visit the [Cabarrus Health Alliance website](#) for more information about measles.

Visit the [North Carolina DHHS website](#) for more information about measles.

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About Cabarrus Health Alliance: Cabarrus Health Alliance is the public health authority of Cabarrus County. Cabarrus Health Alliance is an autonomous organization providing services and programs to meet public health needs. Cabarrus Health Alliance is a leader in public health and is nationally recognized for its innovation.



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