



Fight The Bite: Protect Yourself and Your Loved Ones From Mosquitoes

FOR IMMEDIATE RELEASE

Kannapolis, N.C. – Cabarrus Health Alliance, May 30, 2025 – As summer temperatures rise across Cabarrus County, Cabarrus Health Alliance (CHA) is reminding residents to take steps to prevent mosquito bites and reduce mosquito breeding around their homes. While no mosquitoes have tested positive for West Nile virus in the area so far this year, positive samples were detected during the fall of 2024, highlighting the importance of mosquito prevention efforts continuing into the warmer months.

Mosquitoes are most active during the summer and early fall, particularly around dawn and dusk. Mosquitoes are more likely to breed in standing or still water near residential, swampy, or humid areas. To help residents minimize the risk of mosquito-borne illnesses, CHA recommends a few simple but effective strategies. First and foremost, residents are encouraged to “tip and toss” standing water from containers such as flowerpots, toys, wading pools, and buckets after each rainfall. Even small amounts of water left in saucers under pots can become breeding grounds for mosquitoes. For areas where water can not be drained, CHA offers free larvicide treatment samples. Samples of the product can be picked up at Cabarrus Health Alliance (300 Mooresville Rd. Kannapolis, NC 28081) Monday through Friday 8 a.m.- 5 p.m.

Homeowners should also check for less obvious sources of standing water, including clogged gutters, poorly draining yards, and leaky outdoor faucets. Bird baths and pet water bowls should be cleaned and refilled at least twice a week, and unused tires should be stored under cover to prevent water accumulation. Rain barrels should be fitted with tight screens or lids to keep mosquitoes out.

In addition to eliminating breeding sites, individuals can protect themselves while outdoors by wearing long sleeves and pants during peak mosquito hours, and using insect repellents that contain DEET, picaridin, or other EPA-approved ingredients. Ensuring window and door screens are in good repair also helps prevent mosquitoes from entering the home.

For more information regarding mosquitoes or mosquito control activities in your area, please contact Cabarrus Health Alliance at 704-920-1207 or visit <https://www.cabarrushealth.org/176/Mosquito-Prevention>.

Additional CDC resources: At Home Mosquito Control: <https://www.cdc.gov/mosquitoes/mosquito-control/mosquito-control-at-home.html> and General Mosquito Control: <https://www.cdc.gov/mosquitoes/mosquito-control/index.html>



About Cabarrus Health Alliance: Cabarrus Health Alliance is the public health authority of Cabarrus County. Cabarrus Health Alliance is an autonomous organization providing services and programs to meet public health needs. Cabarrus Health Alliance is a leader in public health and is nationally recognized for its innovation.

###

MEDIA CONTACT:

April Sloop | Public Information Officer
Cabarrus Health Alliance

300 Mooresville Rd. Kannapolis, NC 28081

Office: 704-920-1282 | Cell: 704-245-3668 | www.cabarrushealth.org



Our mission is to improve individual and community health through services, education, and collaborative action.

Compassion | Adaptability | Integrity | Collaboration