

Monthly Newsletter

2024-2025 YOUTH
ADVISORY COUNCIL

November 2024



Here's what has happened in the last month and what's to come!

Welcome back to our 2024-2025 Youth Advisory Council (YAC) newsletter! We are thrilled to share with you what happened at our last meeting and what's to come in future meetings.

Thank you to those who attended the November 14th meeting. To those who were unable to attend you were missed! We had a wonderful time at Top Golf despite the rain and cold.

On the service-learning front, YAC members came up with a list of items that they would like to have donated for our drive in April.

Though this introduction is short, this newsletter has lots of important reminders. You can find more information below.

Enjoy this month's newsletter!

YAC team

In this newsletter you can expect:

Recap of the November meeting

Service-learning

Reminders

Birthday Shoutouts

Highlights

NOVEMBER RECAP

YOUTH ENRICHMENT ACTIVITY

We met at Top Golf for our November meeting. We spent the evening golfing, enjoying food, and trying to stay warm! We also spent some time coming up with a list of items that will need to be donated for the service-learning project in April.



Service-learning

A follow up email will be sent in the coming weeks with the finalized list of donation items. The implementation plan will also be included in this email.

It is imperative that emails are routinely checked and communication is maintained as we need to have a set plan by the time we see each other again in January.



Reminders

Merch: Insulated bags, cups, T-shirts, and pullovers have been given out. If you are missing any of these items, please reach out.

Speaking opportunity: A meeting invitation for those interested in the January speaking opportunity was sent on November 17th. Attendance at this planning meeting is required to be considered.

Upcoming dates: Please be mindful of all dates pertaining to the YAC. If you have questions, don't hesitate to ask!



Highlights



Birthday Shoutouts

Happy birthday to our members with November Birthdays!

Minah Koo
Piper Seavey
Sydney Askew



Keep an eye on your email!

Even though we won't be meeting in December, a newsletter will still be sent out. Please read it thoroughly for reminders. YAC Staff will continue to reach out via email with other business items as well. As always, if you have questions, comments, or concerns, please do not hesitate to reach out!

YouthAdvisoryCouncil@CabarrusHealth.org

YOUTH ADVISORY COUNCIL MEETINGS 2024-2025

FIND BELOW ALL EVENTS FOR THE 2024-2025 YOUTH ADVISORY COUNCIL

Contact: Email: YouthAdvisoryCouncil@CabarrusHealth.org

TOPIC	DATE
YAC ORIENTATION	Aug. 29, 2024
SUBSTANCE USE	Sept. 19, 2024
ADOLESCENT MENTAL HEALTH	Oct. 24, 2024
YOUTH ENRICHMENT	Nov. 14, 2024
NUTRITION + HEALTHY LIVING	Jan. 23, 2025

TOPIC	DATE
HEALTHY RELATIONSHIPS	Feb. 20, 2025
FUTURE ORIENTATION	March 20, 2025
SERVICE-LEARNING PROJECT	April 24, 2025
END OF YEAR CELEBRATION	TBD

AUGUST 2024	SEPTEMBER 2024	OCTOBER 2024	NOVEMBER 2024	DECEMBER 2024	JANUARY 2025
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