

Monthly Newsletter

2024-2025 YOUTH
ADVISORY COUNCIL

◆
August 2024



Here's what has happened in the last month and what's to come!

Welcome to our 2024-2025 Youth Advisory Council (YAC) newsletter! We are thrilled to share with you what happened at our last meeting and what's to come in future meetings.

Firstly, we would like to thank everyone for attending orientation on August 29, 2024. Your presence has allowed us to share our goals for your students this year and get acquainted with one another. Your support will ensure this year's council is a success!

During orientation, we reviewed expectations, service-learning, & completed mandatory forms. These forms covered general consent, photo releases, communication channels, monthly topic opt-outs, and parent/guardian information.

Enjoy this month's newsletter!

YAC team

Cabarrus Health Alliance's Public Health Director came and spoke



Erin Shoe, Public Health Director, came and spoke to members and parents/guardians about Cabarrus Health Alliance (CHA) and the importance of a Youth Advisory Council. She stressed that YAC is a unique opportunity in that we plan to involve the youth voice in CHA activities. As a Cabarrus County native, Erin also spotlighted each of the schools that our members attend. To get in touch with Erin, you can email her at Erin.Shoe@CabarrusHealth.org.

In this newsletter you can expect:

What happened at our August meeting

Highlights from the Public Health Director

CHA website navigation

Birthday Shoutouts

Next Meeting

Reminders

Cabarrus Health Alliance Website Navigation

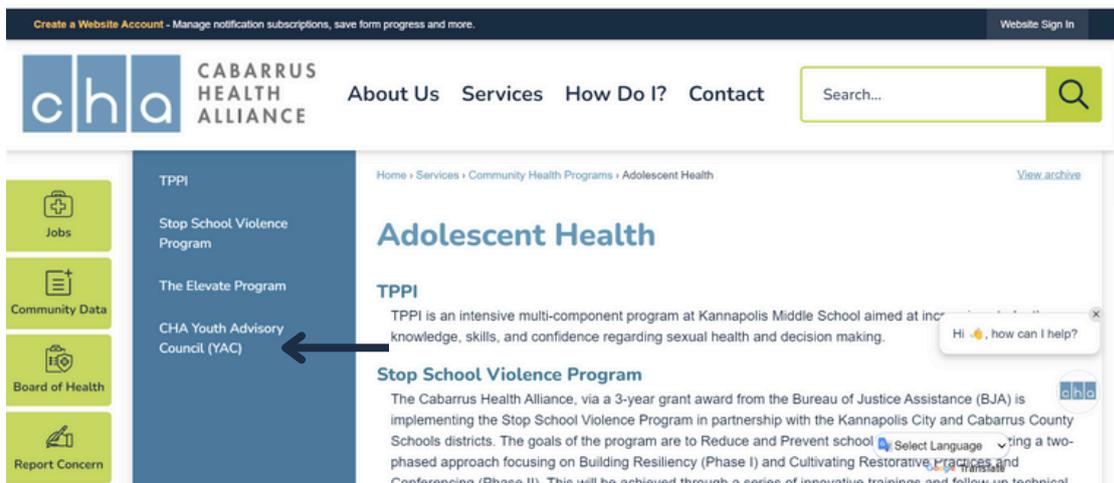
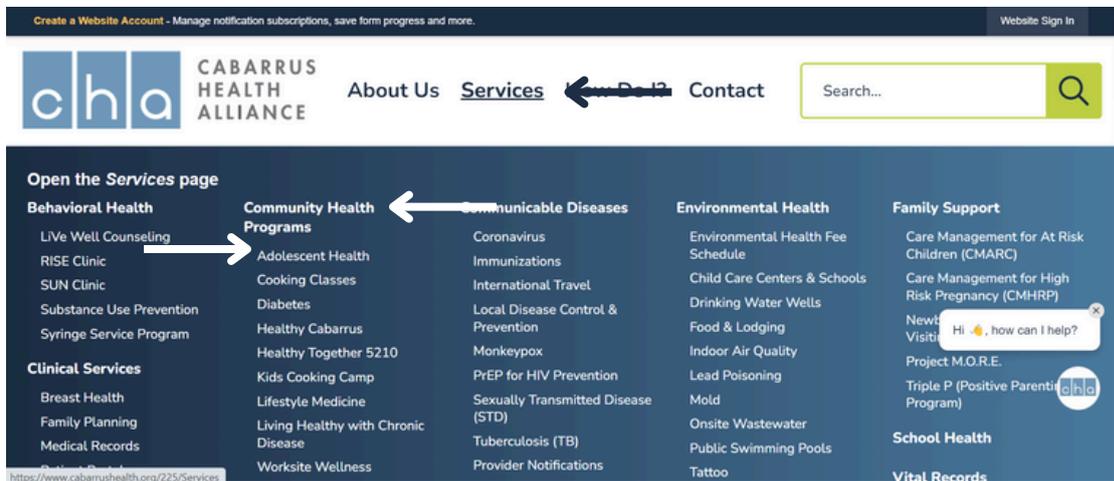
We wanted to share how you all can see other updates about this years' YAC on the Cabarrus Health Alliance website.

You can find the website by googling Cabarrus Health Alliance or using this link:
<https://www.cabarrushealth.org/>

From there, you will hover your mouse over 'Services' and under 'Community Health Programs' and click on 'Adolescent Health'.

From there, you can click on the Youth Advisory Council (YAC) tab in the side panel. The panel also has our other Adolescent Health grants that you can click on to get more information.

If you have any other questions please don't hesitate to reach out!



Highlights



Birthday Shoutouts

Happy (very belated) birthday to our members with August Birthdays!

Camora Roseman
Shubh Srivastava



Our Next Meeting

We're making a change! Our next meeting will be our Substance Use discussion to be held on September 19, 2024 from 6pm - 8pm at Cabarrus Health Alliance 300 Mooresville Road, Kannapolis NC 28081. Please be sure to arrive on time. Doors will close at 6:15 pm.



Reminders

- If you are unable to attend the next meeting, please notify us at least 48 hours in advance
- If you think you might be late, please let us know so we can let you in. The doors will be locked due to safety reasons at 6:15 pm.
- Please remember to arrive on time and have punctual pick-up for each meeting.
- If you are feeling under the weather, please let a staff member know and stay home. This will not effect your

YOUTH ADVISORY COUNCIL MEETINGS 2024-2025

FIND BELOW ALL EVENTS FOR THE 2024-2025 YOUTH ADVISORY COUNCIL

Contact: Email: YouthAdvisoryCouncil@CabarrusHealth.org

TOPIC	DATE
YAC ORIENTATION	Aug. 29, 2024
SUBSTANCE USE	Sept. 19, 2024
ADOLESCENT MENTAL HEALTH	Oct. 24, 2024
YOUTH ENRICHMENT	Nov. 14, 2024
NUTRITION + HEALTHY LIVING	Jan. 23, 2025

TOPIC	DATE
HEALTHY RELATIONSHIPS	Feb. 20, 2025
FUTURE ORIENTATION	March 20, 2025
SERVICE-LEARNING PROJECT	April 24, 2025
END OF YEAR CELEBRATION	TBD

AUGUST 2024	SEPTEMBER 2024	OCTOBER 2024	NOVEMBER 2024	DECEMBER 2024	JANUARY 2025
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