

Strengthening Families Program

The Strengthening Families Program (SFP) is provided to families with children ages 6-11. A FREE 14 week family curriculum is offered once a week from 5:30-8:00pm at Cabarrus Health Alliance for qualifying families. (Dinner included) SFP focuses on:

- Decreasing familial stress and increasing healthy family communication
- Teaching effective parenting: rules, rewards, and consequences
- Increasing kid's social skills and positive behavior
- Provides parents/caregivers with additional resources (if desired) and networking opportunities with other families.

Referrals are accepted through community outreach, from school social workers, juvenile court counselors, churches, and various DSS programs, among others.

Referral for Participation

Family Name: _____

Adults in the home that will participate: _____

Children in the home that will participate and their ages: _____

Address: _____

Phone number: _____

Email: _____

Reason you feel this family is a good candidate for the SFP group: _____

Special needs of family/children/parents:

- | | |
|--|---|
| <input type="checkbox"/> Criminal charges pending | <input type="checkbox"/> Known substance abuse issues |
| <input type="checkbox"/> Currently on probation/parole | <input type="checkbox"/> Suspected substance abuse issues |
| <input type="checkbox"/> Mental health diagnosis | <input type="checkbox"/> Physical disability |
| <input type="checkbox"/> Currently suspended from school | <input type="checkbox"/> Other: _____ |

Please provide specific information regarding which member(s) of the family the above issues pertain as well as details needed to understand the impact the issues may have in a group setting.

Please provide any other information you feel appropriate. _____

For more information contact Emma Zelaya, BSW.

Strengthening Families Program Coordinator

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