

# Non-Health Care Employee Symptom Screening Checklist

Anyone showing symptoms of COVID-19 or who may have been exposed to COVID-19 should not work.

1. **Have you had close contact (within 6 feet for at least 10 minutes) in the last 14 days with someone diagnosed with COVID-19 or has any health department been in contact with you and advised you to quarantine?**
  - Yes
    - The employee should not work. The employee can return to work 14 days after the last time they had close contact with someone with COVID-19.
  - No
    - The employee can work if they are not experiencing symptoms.
2. **Since you last worked, have you had any of these symptoms?**
  - Fever
  - Chills
  - Shortness of breath or difficulty breathing
  - New cough
  - New loss of taste or smell

If an employee has any of these symptoms, they should go home, stay away from other people, and call their health care provider.

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If an employee has been diagnosed with COVID-19 or has had symptoms recently, they should not work.

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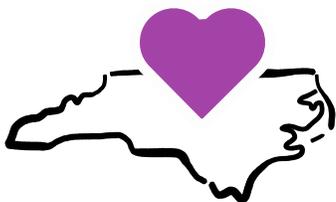
If an employee is diagnosed with COVID-19 based on a test or their symptoms or does not get a COVID-19 test but has had symptoms, they should stay at home.

An employee can return to work when they can answer YES to ALL three questions:

- Has it been at least 10 days since you first had symptoms?
- Has it been at least 3 days since you've had a fever (without using fever reducing medicine)?
- Has it been at least 3 days since your symptoms have improved, including cough and shortness of breath?

If an employee has had a negative COVID-19 test, they can return to work once they have no fever without the use of fever-reducing medicines and have felt well for 24 hours.

The employee can return to work without meeting the above criteria and without a negative COVID-19 test result IF they have a doctor's note allowing them to return to work.



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Protect your family and neighbors.**

**Learn more at [nc.gov/covid19](https://nc.gov/covid19).**



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