



FOR IMMEDIATE RELEASE

April 9, 2020

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Cabarrus Health Alliance investigates COVID-19 case at Five Oaks Rehabilitation

Kannapolis, N.C. – Cabarrus Health Alliance (CHA), Cabarrus County’s public health authority, is launching an investigation and conducting facility-wide testing after learning of a confirmed case of COVID-19 at Five Oaks Rehabilitation in Concord. Facility-wide testing is recommended when COVID-19 is identified in this type of congregate living facility.

“We are working closely with Five Oaks throughout this process,” said Interim Director of the Cabarrus Health Alliance Erin Shoe. “We appreciate their full cooperation. Everyone continues to work diligently on mitigation strategies to stop the virus from spreading.”

The North Carolina Department of Health and Human Services (NNDHHS) issued guidance for long-term care facilities with suspected or confirmed cases of COVID-19.

Mitigation strategies include:

- Early detection and prompt isolation of patients with symptoms of respiratory infection
- Usage of personal protective equipment (PPE), including gown, gloves, facemask or N95 mask, and eye protection for all staff interacting with a COVID-19 patient
- Grouping residents in a unit or wing with similar symptoms and diagnoses
- Closing all communal dining areas and using single-serve utensils and food containers
- Using EPA registered disinfectants for healthcare settings

Five Oaks has voluntarily complied with NCDHHS recommendations.

Shoe asks those who’ve had recent contact with Five Oaks Rehabilitation staff or residents to monitor for symptoms of fever (100.4 or higher), cough and shortness of breath. If you exhibit these symptoms, call your primary care provider. If you do not have a primary care provider, call the CHA Health Information Line at 704-920-1213.

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