

Cooking for a Healthy Life presents

# Cabarrus Chef Challenge

The Cabarrus Chef Challenge provides real life challenges that inform, test and push participants in the most exciting ways. By linking education with industry, the Cabarrus Chef Challenge presents a four-step culinary competition which brings to life what is learned in the classroom, in a real restaurant setting.

*The **Cabarrus Chef Challenge - Youth**, is for high school students 14-18 years old.*

Review instructions  
and complete your team's  
application online

1

2

Design your restaurant concept  
on a mood board

Prepare and cook a three  
course menu

3

4

Present your restaurant  
concept and menu to a panel  
of professional judges

## Dates to Remember:

**April 5** - Application Due

**May 13** - Youth Preliminary  
**Cabarrus Health Alliance**  
300 Mooresville Road  
Kannapolis, NC 28081

**May 20** - Youth Finals  
**Restaurant Forty Six**  
101 West Avenue  
Kannapolis, NC 28081

The winning team will be able to run  
their own restaurant for one night  
at **Restaurant Forty Six**.

Access more details and online application at  
[www.cabarrushealth.org/chefchallenge](http://www.cabarrushealth.org/chefchallenge)

## Have questions?

Contact Kelsey Heller at  
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