Positive Parenting Program

Triple P Materials: Primary Care 0-12

***Must be accredited in Primary Care 0-12 to be eligible to purchase the following Triple P materials

Tip sheets (also available in Spanish)

Positive Parenting
- Being a parent
- Coping with Stress
- Feeling Depressed After the Birth of Your Baby
- Home Safety
- Preparing Your Child for a New Baby
- Supporting Your Partner
- Balancing Work and Family

Infants
- Crying
- Promoting Development
- Separation Anxiety
- Sleep Patterns

Toddlers
- Bedtime Problems
- Disobedience I
- Hurting Others
- Independent Eating
- Language
- Sharing
- Tantrums
- Toilet Training
- Wandering
- Whining

Preschoolers
- Disobedience II
- Fighting and Aggression
- Going Shopping
- Having Visitors
- Interrupting

Preschoolers, continued
- Mealtime Problems
- Nightmares and Night Terrors
- Separation Problems
- Tidying Up
- Travelling in the Car

Primary Schoolers
- Bedwetting
- Behavior at School
- Being Bullied
- Chores
- Fears
- Homework
- Lying
- Self-Esteem
- Stealing
- Swearing
- Creativity
- Sport
- ADHD

Books
Positive Parenting Booklet
Positive Parenting Booklet (Spanish)

DVD Resources
Every Parent’s Survival Guide
Every Parent’s Survival Guide (Spanish)

Other Resources
Five Steps to Positive Parenting Wall Chart