



**CABARRUS  
HEALTH  
ALLIANCE**

**Public Health Authority of Cabarrus County**

**Board Meeting Minutes**

**November 13, 2018**

The Cabarrus County Public Health Authority Board met on Tuesday, November 13, 2018 at 5:30 p.m. in the Board Room at Cabarrus Health Alliance, 300 Mooresville Road, Kannapolis North Carolina.

**Members Present:** James T. Mack, Jr., Chairman  
Tedra Claytor, MD, Vice-Chairman  
Lara Pons, MD  
Mark Spitzer  
Phyllis Wingate  
Steve Morris  
Tom Kincaid

**Members Absent:** None

**CHA Staff Present:** Dr. William F. Pilkington, Secretary to the Board, Dianne Berry, Clerk to the Board, Alice Luttmann, David Troutman, Erin Shoe, Kim Ragan, Marcella Beam, Ryan McGhee, Sue Yates, Suzanne Knight, Wendy Harsch

**Others Present:** Members of the Cabarrus County Medical Society Alliance – Dr. Lynn Hammers, Lynn Takla, Kirby Sheridan, Racheal Kunesh, Carolyn Farris

**CALL TO ORDER**

Chairman Mack called the meeting to order at 5:30 pm and offered the invocation.

**ADOPTION OF THE AGENDA**

Mr. Kincaid motioned to adopt the November 13, 2018 Board agenda as presented. Upon a second by Ms. Wingate, the motion passed 7:0.

**PRESENTATION FROM CABARRUS COUNTY MEDICAL SOCIETY ALLIANCE**

Chief Operating Officer Erin Shoe introduced members of the annual Swing for the Kids! Golf Tournament planning committee: Dr. Lynn Hammers, Lynn Takla, Kirby Sheridan, Racheal Kunesh and Carolyn Farris. She thanked them for putting together the 14<sup>th</sup> annual golf tournament to support the Cabarrus Health Alliance School Health Program, which was held on October 8, 2018 at Cabarrus Country Club. Lynn Takla stated that for a while the economy was down and those years were tough for fundraising, but the 2017 golf tournament netted \$35,500, and this year's tournament exceeded all previous records with \$44,000 to benefit the CHA School Health program. Lynn also stated that more schools got involved this year to support the tournament, with Mt. Pleasant Elementary School donated \$1,000, and there was an increased level of sponsorships. She noted that this program promotes health and wellness and it's a great fit with the mission and vision of the Medical Society Alliance. Erin Shoe added that it's always a struggle figuring out how to thank these wonderful 'golf ladies' year and year, but this year they were being presented lady golfer trophies. Lynn Takla joked that this was fitting, because none of the ladies on this committee play golf, they just support the golf tournament. Lynn Takla thanked everyone at Cabarrus Health Alliance who helped them make another successful golf tournament fundraiser possible. Lynn Hammers asked the Board if they had any ideas on how to get this tournament and its purpose out in the community, to please let them know. CHA Board Chairman James T. Mack, Jr. accepted the check on behalf of Cabarrus Health Alliance and the School Health program.

## **APPROVAL OF THE MINUTES**

Mr. Morris made a motion to approve both the August 14, 2018 regular CHA Board meeting minutes and the August 14, 2018 closed session CHA Board minutes. Upon a second by Dr. Pons, the motion passed 7:0.

## **REPORTS**

1<sup>st</sup> Quarter FY 2019 Employee Separations Report was reviewed by Erin Shoe. She noted that on September 30, 2018, CHA was at 5.2%. She noted this is higher than usual, and she looked for trends, but none were found. Human Resources will continue to monitor. Sue Yates presented the 1<sup>st</sup> Quarter DPH Quarterly Fiscal Monitoring Report (for period ended 9-30-18) which is a report required by the state, and looks at revenues vs. expenses, noting that CHA is currently at \$229,604 with the 3 months Medicaid settlement. She also reviewed the Financial Summary Report (for quarter ending 9-30-18). She noted that a \$230,000 profit is projected, if things continue as they are now.

## **CONSENT AGENDA**

Mrs. Yates reviewed the budget revisions and amendments requests. Upon a motion by Mr. Morris and second by Mr. Kincaid, the motion passed 7:0.

## **BUSINESS AGENDA**

Financial Policies Annual Review – Donation Policy – CHA and Donation Policy – Public Health Interest

Mrs. Yates brought two financial policies before the Board for approval. She noted that there had not been any revisions, but she just needed the Boards annual review and approval of both policies. Upon a motion by Mr. Kincaid and second by Mr. Spitzer, the motion passed 7:0.

## **ANNUAL ELECTION OF BOARD CHAIR AND VICE-CHAIR**

Chairman Mack opened the floor for nominations. Mr. Kincaid made a motion to nominate Chairman Mack to serve another year as Board Chairman. He also nominated Dr. Tedra Clayton to continue in her role as Board Vice-Chairman. Mr. Morris made a motion to second the nomination and the Board approved unanimously 7:0. Mr. Morris thanks both Chairman Mack and Vice-Chairman Claytor for their willingness to serve in these Board leadership roles.

## **SUBSTANCE USE AND MENTAL HEALTH GRANT UPDATES**

Marcella Beam reviewed with the Board several grants that have been received, including the NC DPI School Safety Grant - \$373,769

- For RECONNECT for Resilience and Champion Training) to train 94 Cabarrus County Schools and Kannapolis City Schools' teachers in this 24-hour training and to train 32 CCS and KCS teachers to be RECONNECT champions within their school. She noted that this grant will also provide treatment services for CCS and KCS students
- NCDPH Local Mitigation to the Opioid Crisis - \$100,000  
Re-entry Case Manager to work with each justice involved person to identify the most appropriate level of care and will assist with implementation of their transition planned developed with the Stepping Up Coordinator and Syringe Exchange Program Supplies
- Cabarrus County – UNC School of Government  
The Opioid Response Project
- Cabarrus County is 1 of 10 awardees from across NC  
Core Team includes Mike Downs, Kasia Thompson, Marcella Beam, Justin Brines and Keith Eury

Mr. Kincaid asked Marcella for an update on how Cabarrus Health Alliance and Cabarrus County/Kannapolis is doing with the current Opioid crisis. He noted that he recently returned from a city-related conference in Los Angeles and everyone, cities and towns are having this same problem. He stated that he's now very much aware that this has become a global problem. Marcella updated the Board on recent trends in Cabarrus County but explained that overdose statistics could be skewed for the last 6-8 months due to the recent vast availability of Naloxone to those at risk, which when administered could avoid EMS calls and subsequent reporting documentation. Marcella report that since August 2018, more than 1600 kits of clean needles and

other supplies have been distributed to patients who have come in to the Syringe Exchange Program. Marcella did note that there have been 9 reported deaths as the result of drug overdoses in Cabarrus County since August 2018, from Cabarrus County EMS.

**ADJOURNMENT**

Erin Shoe shared an update on the possible foodborne illness from the November 1, 2018 BBQ and Brunswick stew fundraiser at Poplar Tent Presbyterian Church. She noted that this was the church's 73<sup>rd</sup> year of holding this annual BBQ event and over 1,000 tickets were sold. She stated that information was posted on the CHA website and Facebook page on November 1. Environmental Health staff investigated and reached out to church officials. The CHA EPI team was assembled. 13 people were reported sick within one hour. A press release was sent out that same afternoon by CHA. CHA set up a message box and more than 250 citizens called and left messages about experiencing illness from consumption of food from this event. The case was turned over to the state and food and stool samples were sent to them for evaluation. No results back as of tonight. Erin noted that 12 hours was the timeline for symptoms. There were no reported hospitalizations. Erin noted that the Board of Health will be updated when the lab results of the state come back. Dr. Claytor asked about the incubation period and what the primary symptoms have been. Erin reported that it's been 6-12 hours and mostly diarrhea. She noted that Cabarrus County has not seen a foodborne outbreak in a long time.

Mr. Spitzer stated that he saw a story on PBS on tourniquet kits for police and other individuals to have available and they are being trained on their use. These kits can be used in a shooting. Alice Luttmann, RN, School Health Supervisor, stated the campaign is called 'Stop the Bleed', and it is a national awareness campaign and call-to-action intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped and empowered to help in a bleeding emergency before professional help arrives. Kim Ragan, RN, School Health Nurse Supervisor, added that all school personnel are being trained to use these kits, and they will be stationed in each school next to the AED's.

Dr. Claytor reminded everyone to GET YOUR FLU SHOTS!

Chairman Mack reminded Board Members that the next regular meeting of the Cabarrus County Public Health Authority Board will be Tuesday, February 12, 2019 .

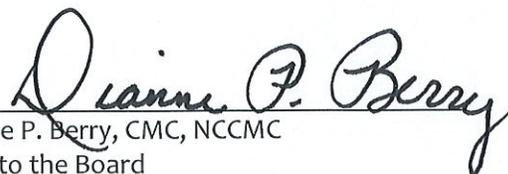
**ADJOURNMENT**

There being no further business to come before the Board, Dr. Pons made a motion to adjourn the meeting. Upon a second by Mr. Morris, the motion passed.



James T. Mack, Jr., Chairman  
Public Health Authority Board of Commissioners

ATTEST



Dianne P. Berry, CMC, NCCMC  
Clerk to the Board