

Healthy Cabarrus
Teen Task Force
Member Nomination Form
2008-2009 School Year

Teen Task Force is a fun way for teens from all area high schools to work together to impact the health and lives of many Cabarrus County teens.

Teen Task Force members are committed to attendance at monthly meetings/trainings at Cabarrus Health Alliance, and to taking part in task force projects. Teen Task Force is a great opportunity for students to gain organizational, leadership, and communication skills as well as participate in community service activities!

2008-2009 - We will continue with a focus on teen tobacco use prevention and cessation and learn about being effective peer educators and promoting tobacco free policies.

Previous Teen Task Force projects include:

- Educated our community about the benefits of smoke-free environments. Helped launch the *Teen Tobacco Use Prevention and Cessation Program* in Cabarrus County Schools.
- Established a 24 hour teen telephone health information line – “Teen Talk” 1-800-650-TEEN, or www.CallTeenTalk.com, which receives hundreds of calls each month.
- Created and implemented the 2005-2006 *Be Empowered* campaigns encouraging teens to make the right choices in everyday life avoiding drugs, alcohol, and tobacco.
- Implemented Bullying Awareness campaigns, which reached 8500 high school students during the 2004-2005 school year. The slogan, *Stop Bullying Now – Take a Stand, Lend a Hand.*
- Implemented nutrition, exercise, and body image awareness campaign, *Be Real Be Healthy* that was carried out in all 7-area high schools, 2004-2005.
- Developed resource manuals on STD’s, HIV/AIDS, and abstinence for 9th grade health teachers.

Here’s what previous Teen Task Force members had to say about their involvement!

“I believe that the TTF has something different and more important to offer than any other program I’ve worked with.”

“The Teen Task Force has helped me feel as if I have made a difference in people’s lives.”

Student Nominated:

Name _____ High School _____ Grade _____

Home Address (include city) _____

Phone # _____ Email _____

Special Interests _____

Why will this person be a good task force member? _____

Name of person who made this nomination _____

To learn more about becoming a member of the Teen Task Force, please contact:

Tracy Ginder, 704-920-1303, tfginder@cabarrushealth.org

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Visit our website at: www.healthycabarrus.org