

Healthy Cabarrus Teen Task Force 2003 – 2004 Accomplishments

- ★ **Completed & Distributed Teacher Resource Manuals for 9th Grade Teachers –**
The Teen Task Force completed their yearlong project of creating teacher resource manuals on the subjects of sexually transmitted diseases, HIV/AIDS, and abstinence to be used in the 9th grade health classes. Classroom learning activities and educational materials were reviewed and approved for use. Partnering with Cabarrus County and Kannapolis City Schools, the task force assisted in scheduling training sessions for high school health teachers. The NC School Health Training center led the training and the Resource Manual, prepared jointly by the Training Center and the Teen Task Force, was presented to the 45 participants representing all area high schools.
- ★ **Teen Scene 2003 –**
The Teen Task Force hosted Teen Scene 2003 during the Glory Days Festival on Saturday, September 27th from 2 – 5 PM. Students from Cabarrus County showcased their talents – singing and dancing on center stage. Teen Task Force recruited talent, publicized the event, registered participants and served as emcees on the stage. The Teen Task Force also provided face painting.
- ★ **Eating Disorders Awareness Education –**
The Teen Task Force participated in National Eating Disorders Awareness Week by creating displays in all 7 area high schools during the week of February 22 – 27. Students participated in drawings for a chance to win a Chick-fil-A sandwich. An educational exhibit was manned at Concord Mills Mall on Saturday, February 28th from 4 – 9 PM. Eating disorders awareness messages and chances at winning a Chick-fil-A sandwich were also offered.
- ★ **Bullying selected as a new focus area -**
Much work was done to learn about bullying in the schools and how to deal with it. The task force decided to address this issue during the 2004-2005 school year by carrying out awareness campaigns at the high schools.
- ★ **Boys & Girls Club Health Fair –**
On April 8th from 4 – 6 PM task force members encouraged kids at the Boys and Girls Club to take part in the “Purple Hand” campaign. The purple hand campaign is a pledge not to use hands or words for hurting yourself or others. The students traced their hands on purple paper, cut it out, signed, and put it on a wall banner for everyone to see. Information was also provided for students and parents about bullying.
- ★ **Teen Talk – telephone health information service – 1-800-650-TEEN –**
Teen Talk continues to receive hundreds of calls each month. This year a website was created – www.callteentalk.com.! The Teen Task Force updated the artwork on the posters and brochures and the website address was added to the brochures. 16,000 brochures were distributed this school year to all middle and high school students.
- ★ **Reviewed Educational brochures for Cabarrus Health Alliance –**
The task force served as a review team for educational brochures distributed by the Cabarrus Health Alliance. The brochures covered topics such as sexually transmitted diseases.
- ★ **Participated in Focus Group for the Cabarrus Community Health Assessment –**
At the April 2004 meeting, task force members participated in the 2004 Community Health Assessment sharing their ideas about the good things for teens in our community and the unmet needs.