

Healthy Cabarrus
Advisory Board Meeting
Minutes
August 21, 2008 - 12:30 p.m.

Members Attending: Chris Abbey, Susan Donaldson, Dr. Ashley Dunham, Jim Hipp, Ed Hosack, Pam Hurley, Anne Laukaitis, Jim Monroe, Jorge Patino, Charles Phillips, Bob Shinn, Michael York
Staff: Gina Goff, Tracy Ginder

Guest: **Stefanie Gaffney**, *Prevention Coordinator, Daymark Recovery Services*

Welcome and Approval of Minutes

Ed Hosack, Vice-Chair, welcomed members and guests. New members were announced and those present were introduced including Susan Donaldson, Ashley Dunham, Pam Hurley, Jorge Patino, and Michael York. Advisory Board members then introduced themselves and their affiliations.

The minutes from the June 19th meeting were approved as written. The motion to approve was made by Jim Hipp and seconded by Bob Shinn. There were no additions to the agenda.

New Business

Healthy Cabarrus Notebooks

Healthy Cabarrus Advisory Board notebooks were given to each member. Tracy Ginder explained that each notebook has tabs for general Healthy Cabarrus information, by-laws, the current membership list, and meeting handouts such as agendas and minutes.

Tobacco Legislation Updated and New Tobacco Control Rules

Members were updated on tobacco legislation and the new tobacco control rules. Gina noted that two bills passed: Senate Bill 1669 (giving community colleges clear authority to prohibit tobacco use) and Senate Bill 1681 (giving local governments the authority to regulate tobacco use in government vehicles /motor fleets). However, Senate Bill 1686 (no smoking within 25 feet of entrances to state owned buildings) was stalled in the Judiciary 1 Committee.

Effective January 1, 2009, new local Tobacco Control Rules adopted by the Cabarrus Health Alliance Board will take effect. These rules will strengthen the local smoking control rules that were adopted in 1993. The new Tobacco Control Rules state that no tobacco products may be used in local government buildings, adjacent to entrances or air intakes, in transportation vehicles owned leased or controlled by local governments, and on the grounds within 50 feet of buildings housing health department and department of social services (or within 50 feet of entrances where 50 linear feet from the building is not practical or safe).

Charles Phillips added historical perspective saying that in 1993 there was local opposition to the smoking control rules. However, this is a new day and the board experienced no opposition to adopting the new tobacco control rules.

Childhood Obesity Prevention – Collaborative Grant Effort

Gina stated that the 2008 NC Legislature approved funds for four Childhood Obesity Prevention Grant programs for the period Oct. 2008 – May 2009 (\$475,000). There are eight required components including partnership building, a communication and social marketing campaign, implementation of a

component of a local Bike and Pedestrian Plan, Preschool/childcare intervention, healthcare interventions related to obesity and diabetes, hospital worksite wellness, and a school obesity prevention initiative. Cabarrus Health Alliance with numerous community partners submitted a brief proposal and was one of eleven counties selected to submit a full application.

Gina reported that the grant requires that the community have a strong partnership to carry out the grant objectives and that Healthy Cabarrus can provide that foundation. She noted further that Healthy Cabarrus's involvement with this project is very timely and although our strategic planning for the next four year action plan will not begin until next year, we can anticipate that healthy living including healthy weight will be a priority. This issue is one of the top six issues identified in the 2008 Community Needs Assessment. Gina will keep the Board apprised of progress with the grant - the grant application is due September 3.

Old Business

Reports/Updates

Gina updated Advisory Board members on the Healthy Cabarrus Task Forces. The Dental Task Force and Teen Task Force take breaks during the summer and their first meetings of the year will be in September.

2008 Community Needs Assessment Report - Presentation and Approval

Gina presented the 2008 Community Needs Assessment report presentation to members. She asked for questions and suggestions on how to make the presentation better. Gina noted that the "call to action" is very important and is stated as such in the presentation. The presentation was well received by members.

Announcements

2008 Healthy Carolinians Annual Conference

Gina announced that the 2008 Healthy Carolinians Annual Conference will be October 9-10, 2008 at the Greensboro Marriott. Members received a handout with more information. To register, members should visit www.healthycarolinians.org.

Charles Phillips voiced his support for this conference and the benefits it has offered in the past, and encouraged members to attend.

H.A.R.V.E.S.T – A Health and Wellness Festival

H.A.R.V.E.S.T is a health and wellness festival that will take place October 18th in Cannon Village. Ashley Dunham stated that the purpose of the festival is to help people become aware of their health through screening and testing. More information will be available at a later date.

The meeting adjourned at 2:10pm.