



## Board Meeting Minutes

May 12, 2009

The Cabarrus Health Alliance Board met on Tuesday, May 12, 2009, at 5:30 p.m., in the Board Room of the Cabarrus County Human Services Building, 1307 S. Cannon Boulevard, Kannapolis, North Carolina.

### CABARRUS HEALTH ALLIANCE BOARD MEMBERS PRESENT

**Board Members:** Alex Barker, JD  
Allan Krusell, MD  
Carolyn Carpenter, Vice-Chairman  
Charles Phillips, Chairman  
Robert Silver, MD

**Absent:** Jessica Castrodale  
Jonathan Zsambeky, DDS

**Staff Present:** Dr. William F. Pilkington, CEO, Public Health Director  
Dianne Berry, CMC, Clerk to the Board

**Other Staff Present:** Betty Braxton, Jan Odell, Suzanne Knight, Cindy Walker, Chrystal Swinger, David Troutman, Tammie Harkey, Paula Faggart

### Call to Order

Chairman Phillips called the meeting to order at 5:31 p.m. and gave the invocation.

### ADOPTION OF THE AGENDA

Chairman Phillips made a recommendation to add a mini education segment on crisis communication under New Business, if time permitted. Dr. Krusell motioned to approve the agenda, as amended. The motion passed 4:0.

### APPROVAL OF THE MINUTES

Mrs. Carpenter made a motion to approve the minutes of the April 14, 2009 CHA Board meeting as presented. The motion passed 4:0.

### ADMINISTRATIVE REPORTS

Chairman Phillips reviewed the following reports: 3<sup>rd</sup> Quarter FY 09 CHA Customer Service Survey Report; 3<sup>rd</sup> Quarter FY 09 Goals & Objective Report; Letter to Child Health Program from NC Child Care Health & Safety Resource Center; Division of Public Health Quarterly Fiscal Monitoring Report – Period ending March 31, 2009; and Clinic Summary Recap

### OLD BUSINESS

#### Annual Review - CHA Corporate Resolution

Mrs. Braxton presented the CHA Corporate Resolution for review and approval, explaining that annual review is a requirement for public health accreditation standards. She explained that significant changes were made in the Fleet Policy in 2008. After a review of each document, Mr. Barker motioned to approve the CHA Corporate Resolution without revisions or recommended changes. The motion passed 4:0.

1 **Building Project Update**

2 Dr. Pilkington presented a request to the Board for a final decision on LEED (Leadership in Energy and  
3 Environmental Design) certification for the new CHA building at the N.C. Research Campus. LEED  
4 certification will become much more difficult beginning July 1, 2009, and applications under current  
5 requirements must be received by June 30, 2009. We have only two weeks left to finalize the building  
6 design. Rodgers Builders estimates an additional \$374,450 in costs for a LEED certified building. Mr.  
7 Barker motioned to pursue with design plans originally stated which did not include LEED certification  
8 due to budget constraints, but to do all that we can to be as energy efficient as possible. The motion  
9 passed 4:0, in a voiced vote.

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11 **NEW BUSINESS**

12 **2009 West Nile Virus/Mosquito Control Program Review**

13 Chrystal Swinger presented a 2008 program review for the Cabarrus Health Alliance Mosquito Control  
14 Program. She noted that the three major components of the program are field work, surveillance, and  
15 education. The presentation included 2008 statistics, vector reports, CDC, prevention, control.  
16 management, budget, and 2009 program outlook.

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18 **Approval of Health Insurance Plan, FY 2010**

19 Mrs. Braxton noted that this is annual benefits review time, and BB&T Insurance Services worked with  
20 CHA on employee benefits for their 4<sup>th</sup> consecutive year. Mrs. Braxton noted that the recommendation  
21 is to stay with BCBSNC, with two plan offerings. With the Core plan, Blue Options 1-2-3, which is new,  
22 the cost is covered 100% by CHA. The Buy-up plan is the same as for FY 2009, and employees pay the  
23 difference between the core cost and the buy up cost. Mrs. Braxton stated that our broker, BB&T,  
24 requested quotes for FY 2010, CIGNA and AETNA declined to quote, and WellPath's quote was  
25 significantly higher. Mrs. Braxton reviewed the new Blue Options 1-2-3 core plan, noting that the focus is  
26 on preventative services, which require \$25 co-pays. For level 2 & 3 services, it's like the old 80/20 plan,  
27 where employees pay a percentage for services. She noted that CHA will also continue offering the  
28 Health Reimbursement Agreement (HRA), which is a great benefit for employees and reduces employee  
29 out of pocket deductible expenses. Mr. Barker motioned to approve BCBSNC as the health insurance  
30 provider for Cabarrus Health Alliance full-time employees, for FY 2010. The motion passed, in a voiced  
31 vote, 4:0.

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33 **Approval of Dental Insurance Plan, FY 2010**

34 Mrs. Braxton explained that Dental insurance is a voluntary benefit for employees and their  
35 dependents, at no cost to Cabarrus Health Alliance. For FY 2010, Ameritas is recommended to be the  
36 dental carrier for CHA. Mrs. Carpenter motioned to accept Ameritas as the CHA Dental Carrier for FY  
37 2010. The motion passed 4:0 in a voiced vote.

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39 **Employee Wellness Incentive**

40 Mrs. Braxton explained that this is a new proposal. The CHA Employee Wellness Committee, which  
41 represents volunteers from across the agency, recommends this program for CHA employees. She  
42 noted that in previous years, CHA has offered discounts for gymnasium memberships, on site exercise  
43 classes, and established a healthy snacks policy. Now we are ready for the next level: To change  
44 behaviors and see measurable outcomes. The CHA Employee Wellness Committee is proposing the  
45 Preferred Premium Program for FY 2010. If employees take certain positive personal preventive health  
46 initiative as outlined in the proposal, including an online BCBSNC health assessment, annual physical  
47 examination with age appropriate testing, nutritional counseling, and participate in Blue Points®  
48 exercise/activities program, within a specified time period after the effective date, they will earn the  
49 premium of zero cost for health insurance. If employees fail to submit certification that these  
50 requirements have been met, they will pay \$40 per month for their health insurance on the Core Plan.  
51 Mr. Barker motioned to approve the CHA Employee Wellness Incentive as presented. The motion  
52 passed 4:0 in a voiced vote.

1 **BOARD EDUCATION**

2 Chairman Phillips noted that because of the time, he would defer this presentation until the June 9 CHA  
3 Board meeting. He shared information about NALBOH (National Association of Local Boards of Health)  
4 and the Cabarrus Health Alliance Board’s continued membership with this organization. Chairman  
5 Phillips noted that NALBOH is our voice in Washington, and announced that their 17’th annual  
6 conference is scheduled for July 1-3 in Philadelphia, PA.  
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8 **ADJOURNMENT**

9 There being no further business to come before the Board, Chairman Phillips adjourned the meeting at  
10 6:50 P.M.  
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16 Charles C. Phillips, Chairman  
17 Cabarrus Health Alliance Board  
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23 Dianne P. Berry, CMC  
Clerk to the Board